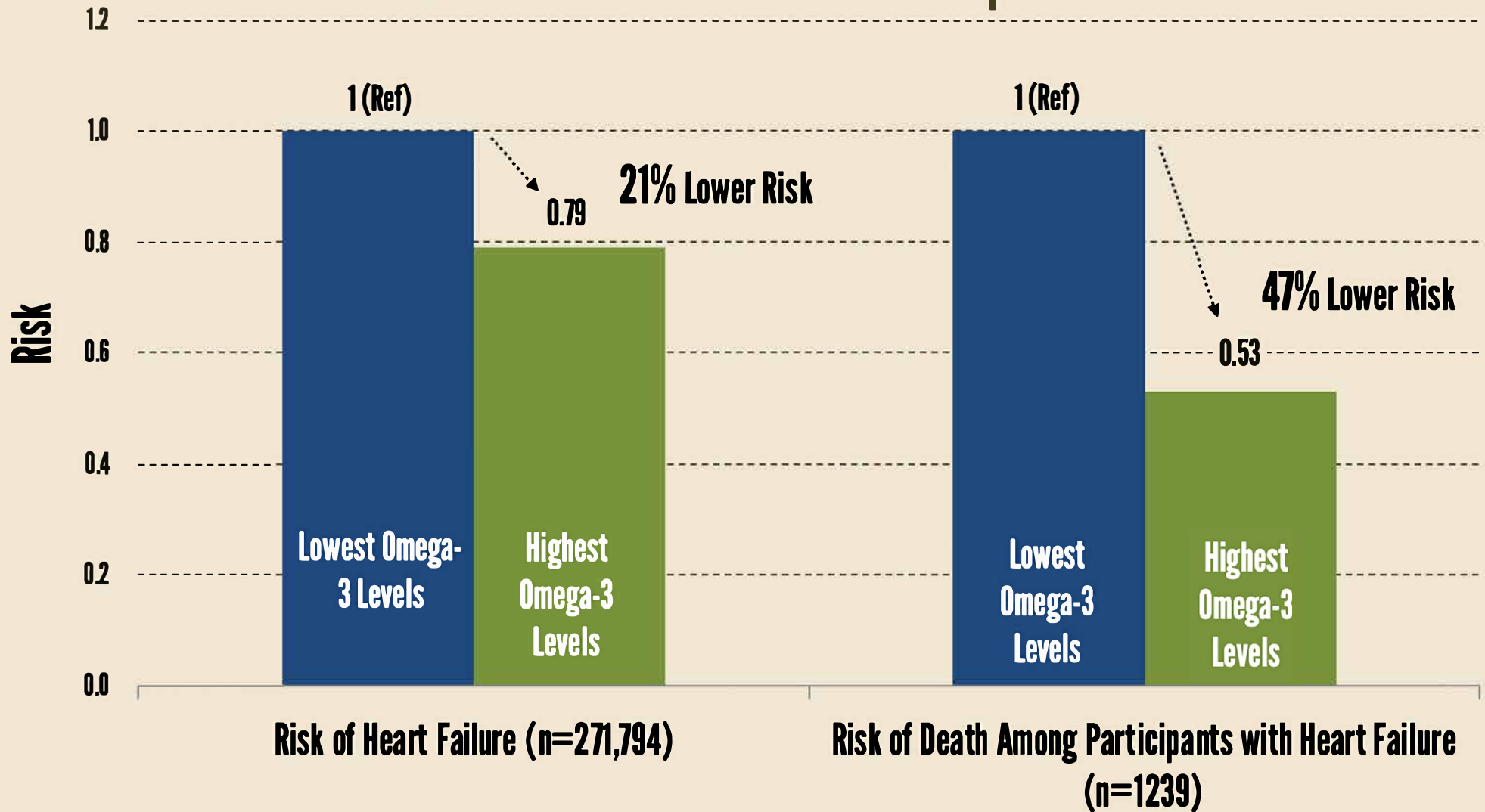


Effect of Baseline Omega-3 Fatty Acid Levels on Incidence of Heart Failure and Death Over a 13.7 Year Follow-Up Period



p<0.01

Chart Date 12/11/2024

©2024 GrassrootsHealth

Jawad et al., *Mayo Clin Proc.*, 2024.

- Lowest Baseline Omega-3 Levels
- Highest Baseline Omega-3 Levels



GrassrootsHealth
Nutrient
Research Institute

Moving
Research
Into Practice

www.grassrootshealth.net