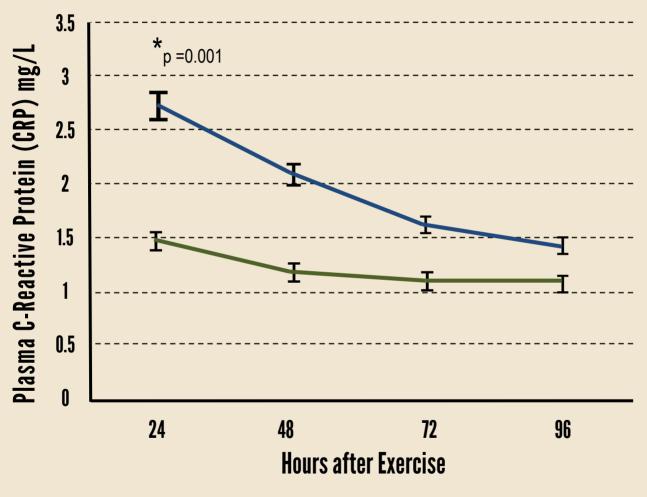
C-Reactive Protein Levels by Hours After Exercise by Omega-3 Index



Group 1: Omega index >4 (n=42)

----- Group 2: Omega index < 4 (n=22)

Chart Date 6/6/2018 ©2018 GrassrootsHealth Lembke et al., JSSM, 2014

